

Rosemary Lane Nursery School

Head Teacher: Jill Jones
Address: Rosemary Lane Nursery School
Easington Village
Peterlee
County Durham
SR8 3BQ
Tel: 0191 5271168
Fax: 0191 5271168
Email: rosemary.lane@durhamlearning.net
Website: www.rosemarylane.durham.sch.uk



Activities from home

Physical Development

- Online yoga for children free 2 weeks at www.cosmickids.com
- Dance and movement songs for in the home -
 - Hokey cokey
 - The farmers in his den
 - Ring a rosies
 - If you're happy and you know it
- Bike/scooter ride or a walk.
- Make dens – using old sheets/blankets and pegs
- Encourage children to have a go at dressing and undressing themselves each day, to help develop the dexterity in their fingers to do this everyday

Communication and Language

- Spend time playing alongside your child commentating on what they are doing and modelling clear language
- Play alongside your child in roleplay. Support them by developing a play scenario and encouraging them to play along with you.
- Play a hide and reveal Kim's game – hide a number of different toys under a tea towel, ask your child to close their eyes and remove an object, uncover the remainder of items and ask them to name what has gone.
- Describe a hidden object and ask your child to guess what it is. Encourage them to ask questions to help work out the hidden object.

Personal, Social and Emotional Development

- Play turn taking games to support your child with sharing. Do not always let them win as this build's resilience.
- Help your child to develop understanding about empathy through talking about feelings at home.

Literacy

- Share books with your child, repeat favourites and encourage children to retell these to you
- Encourage mark making on
 - large paper/old cardboard boxes cut open and placed onto the floor
 - notepads and paper
 - old birthday/Christmas cards

Mathematical Development

- Encourage your child to help you to set the table
- Involve them in finding the matching sock when sorting the washing
- Sing number songs together
 - 5 little ducks went swimming one day
 - 5 little speckled frogs
 - There were 5 in the bed
 - 1,2,3,4,5 Once I caught a fish alive
- Play games – snakes and ladders, hopscotch
- Develop your child's understanding around the language of capacity through using empty containers to explore full, half full, nearly full, nearly empty and empty.
- Create a roleplay shop at home using toys. Help your child to decide upon prices for each toy and pretend to go shopping taking turns at being the shopkeeper.
- Play a guessing game – select a number of items and guess which is heavier. Talk to your child about the language heavy, light, heavier than, lighter than. Make comparisons between different items e.g. a grape is lighter than an orange, a plate is heavier than a fork...

Understanding the World

- Talk with your child about their family and make a book about them – draw pictures or cut out old photographs to create an album together
- Talk to your child about different people who help us - doctors, nurses, firefighters, police officers, paramedics.
- Take a family walk together (weather permitting). Look at the new spring buds and talk about the changes in the environment e.g. daffodils blooming, more birds to be heard as they have returned for the Spring and Summer etc.
- Bake or cook with your child e.g. make some crispie cakes, make a healthy pizza. Encourage your child to help select healthy toppings to prepare for the pizza e.g. wash and chop peppers etc

Expressive Arts and Design

- Support your child in using scissors to make snips in paper (cut up old magazines or catalogues)
- Create your own musical instruments using junk materials e.g. empty bottles with a few stones inside for a shaker. Decorate these with recycled paper and packaging.
- Use your instruments to play along to a simple song e.g. Old McDonald
- Listen to music and have a dance around together
- Make models using any available construction materials e.g. Lego, Duplo, cardboard boxes. Encourage your child to draw a picture of the model. Create a plan together of what to make and draw a picture of this.

Listen to BBC school radio:

<https://www.bbc.co.uk/teach/school-radio/eyfs-early-years/z6bgnrd>

For nursery rhymes, storytime, listening games and movement activities

We have a range of different ideas available on our website to help promote learning at home. These can be found under the Parents and Carers heading, under the "Help your child at home" tab

<http://www.rosemarylane.durham.sch.uk/parents/help-your-child-at-home/>