

# ROSEMARY LANE NURSERY SCHOOL



## INTIMATE CARE POLICY

We recognise that some children may not be toilet trained when they start Rosemary Lane Nursery School, which may be due to their particular needs or because they are immature in this area. The following are guidelines for changing children who are wet or soiled.

### **Aims**

- To either begin or continue the child's toilet training in harmony with home procedures, to enable the child to become as independent as they can possibly be.
- To advise parents where necessary
- To enable the child to have privacy and respect whilst safeguarding ourselves
- To give the child a basic understanding of hygiene
- To maintain high standards of health and hygiene whilst protecting ourselves from infection.

### **Procedures**

#### **Clothes**

We keep a few basic sets of clothes in Nursery (Boys and girl's pants, socks, trousers, t-shirts, jumpers...). These are usually donated by parents.

#### **Nappies etc**

Although we keep a few nappies for emergencies, we would expect a parent to provide their own if a child was regularly wetting or soiling. (Also 'trainer' pants). There are baby wipes in the toilet areas.

#### **Who changes?**

Everyone (i.e. teachers, nursery nurses, lunch time supervisor) has a responsibility for changing children.

#### **Where do we change?**

For 2 year olds, we change them in the blue teddy room on the changing table. We follow the nappy changing policy and procedures. Staff will inform another member of staff and take the child to be changed.

For 3 to 4 year olds, the child will be encouraged to use the toilet and then to change into dry clothes as independently as possible. Wet clothes will be placed in a plastic bag on the child's peg.

If a child is soiled, again the other member of staff must be informed.

We always think about what is most appropriate for the child and this may mean older children are changed lying down on the changing table. Children with special educational needs and disabilities will have a personalised intimate care plan written and agreed by parents and carers (Appendix 1)

## Hygiene

Children are always encouraged to use the toilet and if they have had an 'accident', to change themselves if possible. Wet clothes are hung on their peg ready to take home and children will wash their hands when they are finished. Staff must follow the nappy changing procedures and policy when changing nappies and wear plastic gloves when changing children wet/soiled pants. Nappies, baby wipes, etc should be disposed of in double plastic bags in the nappy bin in the Blue Teddy area. Soiling on clothes should be flushed down the toilet and clothes tied in a plastic bag for the parent to clean at home.

## Parents

When toilet training children we have high expectations and approach the whole subject in a calm way. Little attention is given to continual wetting or soiling, and positive reinforcement given when the child manages to use the toilet or stay dry. Simple explanations can be given to the child about why it is so good to stay clean and dry. These principles can be shared with parents who may need support in this area.

We would hope to talk about any or all aspects of toilet training with parents at all stages to keep them fully informed about progress or concerns at school. We have leaflets with hints and tips to support parents in toilet training.

Reviewed: September 2020

Headteacher: Jill Jones \_\_\_\_\_

Chair of Governors: Cllr Angela Surtees \_\_\_\_\_